Chocolate-Hazelnut Pancakes*	18
Pancakes (3), berries, choco-hazelnut spread,	10
walnuts and matcha ice cream.	
* Available for kids too	
A see b. Country David	
Avocado Country Bread	18
Avosmash, microgreens and sliced radish and cucumber on country bread. Served with salad.	
Chick n' Waffle ථ	17
Half-waffle, fried oyster mushroom, Buffalo sauce,	
miso red cabbage slaw, green apple, spicy maple syrup.	
Sweet Waffle*	18
Waffles, berries, choco-hazelnut spread, seasonal coulis.	.0
* Available for kids too	
Forest Crostini	18
Toasted country bread, pan-fried umami mushrooms,	
asparagus, truffle sauce, microgreens.	
Invigorating Granola Bowl 🏵	16
Berry sorbet, housemade granola, red berries, coconut milk, basil.	
Tofu Benedict	21
Breaded tofu, smoked tomatoes on an english muffin,	
topped with plant-based hollandaise sauce. Served with	
Quebec breakfast style potatoes and a small green salad.	
Lux Bagel New!	17
Plant-based sesame bagel, plant-based cream cheese,	
konjac salmon, cucumbers, red onions, dill and fried capers.	
Served with salad.	
LOV Coconut Curry*	27
Roasted butternut squash, kale, chickpeas, Heirloom carrots	
& LOV curry sauce over turmeric basmati rice and quinoa.	
Garnished with cashews, almonds and cilantro.	
* Also available in a gluten-free version.	
BIG LOV Cheeseburger*	24
Plant-based "beef" patty, sesame bread, lettuce, tomato,	
red onion, pickle, Big LOV sauce, plant-based cheddar on	
a brioche burger bun. Served with Quebec fries or salad.	
* Also available in a gluten-free version.	

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BRUNCH

Housemade Truffle Fries Fresh Quebec fries, truffle seasoning, fresh herbs, housemade dill sauce.	12
Quebec Kimchi Fries O Fresh Quebec fries, served with kimchi, wakame and sesame mayonnaise	13
Crispy Fries (regular sweet potato) Fresh Quebec fries served with ketchup homemade aioli.	8 / 11

Breakfast Potatoes	7
Quebec potatoes.	
Spicy Brussels Sprouts \circ Fried Brussels sprouts,	16
tossed in our Buffalo sauce.	
EXTRAS	
Avocado slices / Avomash 厳	+ 4
Maple Syrup / Scoop of Housemade Ice Cream 🕃	+ 2

EXTRA

+ 2

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Organic egg

SIDES

Bagel Lux New!	18
Plant-based sesame bagel, cream cheese,	
konjac salmon, cucumbers, red onions,	
dill and fried capers. Served with salad.	

BEVERAGES & SMOOTHIES	
Orange juice	6
Classic Mimosa	14
Sparkling wine, orange juice.	
LOV Mimosa	14
Sparkling wine, pear juice and sage.	
LOV Lemonade	6
Fresh lemonade made with lemon,	
thyme and ginger.	
Smoothie Tango Mango	11
Banana, pineapple, mango,	
ginger, turmeric.	
Smoothie Kale It Up	11
Kale, banana, cucumber juice, ginger,	
pear, flax seeds	
Smoothie The Berry Best	11
Mixed berries, banana, orange, hemp seeds.	
Fou de l'Île Kombucha	8

Mango, Hibiscus Chai or Ginger.

COFFEE & TEA	
Long Americano Espresso	4
Chai Latte Moka Matcha Latte	8
Cappuccino	6
Golden Milk Mesquite, turmeric, cinnamon, cardamom, ginger, ashwagandha, white pepper, vanilla bean.	8
Lavender Latte Pitaya Rose, Butterfly Pea Flower powder, ashwagandha, nutmeg, cinnamon.	8
Latte Coffee	7
Camellia Sinensis Teas Rooibos Earl Grey	5
Mint Bio sencha Japanese green tea Choice of almond, oat, macadam beverage	
and 2% milk	

🏽 WHEAT FREE 🖒 SPICY

We can not guarantee that our products are gluten free or allergen free. In case of severe food allergies or intolerances, please ask your server for more information.