



BRUNCH

Chocolate-Hazelnut Pancakes*	18
Pancakes (3), berries, choco-hazelnut spread, walnuts and matcha ice cream.	
<i>* Available for kids too</i>	
Avocado Country Bread	18
Avosmash, microgreens, sliced radish and cucumber on country bread. Served with salad.	
Chick n' Waffle ♡	17
Half-waffle, fried oyster mushroom, Buffalo sauce, miso red cabbage slaw, green apple, spicy maple syrup.	
Sweet Waffle*	18
Waffles, berries, choco-hazelnut spread, seasonal coulis.	
<i>* Available for kids too</i>	
Forest Crostini	17
Toasted country bread, pan-fried umami mushrooms, asparagus, truffle sauce, microgreens.	
Invigorating Granola Bowl 🍷	16
Berry sorbet, housemade granola, red berries, coconut milk, basil.	
Tofu Benedict	21
Breaded tofu, smoked tomatoes on an english muffin, topped with plant-based hollandaise sauce. Served with Quebec breakfast style potatoes and a small green salad.	
Lux Bagel <i>New!</i>	17
Plant-based sesame bagel, plant-based cream cheese, konjac salmon, cucumbers, red onions, dill and fried capers. Served with salad.	
LOV Coconut Curry*	27
Roasted butternut squash, kale, chickpeas, Heirloom carrots & LOV curry sauce over turmeric basmati rice and quinoa. Garnished with cashews, almonds and cilantro.	
<i>* Also available in a gluten-free version.</i>	
BIG LOV Cheeseburger*	24
Plant-based "beef" patty, sesame bread, lettuce, tomato, red onion, pickle, Big LOV sauce, plant-based cheddar. Served with fries or salad.	
<i>* Also available in a gluten-free version.</i>	

SIDES

Housemade Truffle Fries	9	Breakfast Potatoes	7
Fresh Quebec fries, truffle seasoning, fresh herbs, housemade dill sauce.		Quebec potatoes.	
Quebec Kimchi Fries 🌱	11	Spicy Brussels Sprouts 🌱	14
Fresh Quebec fries, served with kimchi, wakame and sesame mayonnaise..		Fried Brussels sprouts, tossed in our Buffalo sauce.	
Crispy Fries (regular sweet potato)	6 / 8	EXTRAS	
Fresh Quebec fries served with ketchup homemade aioli.		Avocado slices / Avomash 🌱	+ 4
		Maple Syrup / Scoop of Housemade Ice Cream 🌱	+ 2

VEGETARIAN

Bagel Lux <i>New!</i>	18	EXTRA	
Plant-based sesame bagel, cream cheese, konjac salmon, cucumbers, red onions, dill and fried capers. Served with salad.		Organic egg	+ 2

BEVERAGES & SMOOTHIES

Orange juice	6
Classic Mimosa	14
Sparkling wine, orange juice.	
LOV Mimosa	14
Sparkling wine, pear juice and sage.	
LOV Lemonade	6
Fresh lemonade made with lemon, thyme and ginger.	
Smoothie Tango Mango	11
Banana, pineapple, mango, ginger, turmeric.	
Smoothie Kale It Up	11
Kale, banana, cucumber juice, ginger, pear, flax seeds	
Smoothie The Berry Best	11
Mixed berries, banana, orange, hemp seeds.	
Fou de l'Île Kombucha	8
Mango, Hibiscus Chai or Ginger.	

COFFEE & TEA

Long Americano Espresso	4
Chai Latte Moka Matcha Latte	8
Cappuccino	6
Golden Milk	8
Mesquite, turmeric, cinnamon, cardamom, ginger, ashwagandha, white pepper, vanilla bean.	
Lavender Latte	8
Pitaya Rose, Butterfly Pea Flower powder, ashwagandha, nutmeg, cinnamon.	
Latte Coffee	7
Camellia Sinensis Teas	5
Rooibos	
Earl Grey	
Mint	
Bio sencha Japanese green tea	
<i>Choice of almond, oat, macadam beverage and 2% milk</i>	

🌱 WHEAT FREE 🌱 SPICY

We can not guarantee that our products are gluten free or allergen free.
In case of severe food allergies or intolerances, please ask your server for more information.

